



# COLLEGE RESOURCES

for parkway central high families

# TOPICS TO COVER

- Counseling Team – Your support system!
- Counseling Website/Twitter Feed
- A+ Scholarship Program
- NCAA/NAIA – College Athletics
- Visual or Performing Arts
- Registering and Preparing for ACT
- Upcoming College Fairs
- Visiting College Campuses
- Free Community Supports - Mentors 4 College, Bridge Program
- Naviance Student (for students AND parents!)

# PCH COUNSELING DEPARTMENT

## **Four Comprehensive Counselors**

- Lelia Flagg (A-E)
- Jenny Lange (F-La)
- Paul Hussmann (Lb-Ro)
- Priscilla Greenwood (Ru-Z)

## **Post-Secondary Counselor & A+ Scholarship Coordinator**

- Nana Prange

## **Social Worker**

- Jess Buettner

## **Care Coordinator**

- Esmeralda Felix

## **Department Assistants**

- Robin Vierling
- Debbie Bailey

# PCH COUNSELING WEBSITE

- PCH → Counseling
  - Staff contacts
  - Class specific information
  - Parent & student workshop presentations
  - Testing information
  - Important links
- [Demo](#)

# TWITTER

- Follow us on Twitter so you don't miss out on important dates, college rep visits to PCH, and more!

**@PCH\_Counseling**

- Hint: If you don't have Twitter, the news feed runs on the right side of the PCH Counseling website

# A+ PROGRAM

- What is the A+ program?
  - Scholarship opportunity for use at any Missouri community college or technical school
  - Tuition reimbursement for up to 6 semesters or through completion of associates degree
- Who should sign up?
  - Everyone
  - Great fit for many students and an “insurance policy” for the rest
  - Full time enrollment during summer is only 2 courses – would be free for A+ students (...think summer after senior year!)
- How does your student become eligible?
  - Sign up (Participation agreement & tutor training) → 95% attendance → no big suspensions → 2.5 cum GPA → show math proficiency → 50 hours of in-district tutoring
  - If the student is eligible for a Pell Grant, then that pays out before any A+ funds

# HOW DO THEY GET 50 HOURS?!

- Peer tutoring at Central High
- After school tutoring at Central Middle
- Elementary summer school tutoring
- Elective mentoring courses at PCH
  - PE Mentor, Visual Arts Mentor, Culinary Mentor
- Counselor at Outdoor School (6<sup>th</sup> Grade Camp) – 25 hours per trip
- Peer Teaching, High School Heroes, UC Help
- Buddy at Special Olympics
  
- May also submit 0-25 hours of community service with a non-profit organization

# A+ PROGRAM WEBSITE

- PCH → Counseling → A+ Program
  - Submit the “Interest Form” which will generate an email to the student’s Parkway email address. Follow instructions to complete the
    - Participation Agreement
    - Tutor Training
  - Tutor Log Sheet – found in A+ Tutoring Handbook on website
  - Local opportunity suggestions on website
- [Demo](#)



# COLLEGE ATHLETICS

- NCAA
  - Div 1 or 2 – register with the NCAA eligibility center (\$) by April of junior year
  - Div 3 – no athletic scholarships, so no eligibility requirements (get into the school!)
  - Have official ACT scores sent directly to NCAA (\$)
  - Communicate with Mrs. Prange – do you know your core GPA and sum ACT?
    - “2.3 or take a knee” for Div 1 (with 75 sum ACT → 19 composite)
  - Download the Guide for College-Bound Student-Athletes from the PCH Counseling site
- NAIA
  - Also awards scholarships!
  - Register (\$) by April of junior year
  - Have official ACT scores sent directly to NAIA (\$)
  - 2.0 GPA and 18 ACT (3.0 and 18 = eligible after junior year of high school)

# VISUAL AND PERFORMING ARTS

- Portfolios – online, via “Slideroom” or through “Portfolio Days”
- Auditions – live or previously recorded; often require pre-screening audition videos
- Deadlines may vary significantly from regular admissions process
- Supplemental material – even for non-majors

# ACT/SAT

- Check admission and application requirements and plan a testing schedule accordingly.
- Many colleges offer a test-optional pathway for students who prefer to not use scores during the admissions review
- ACT or SAT – colleges have no preference
- Both tests are offered about every other month
- Some schools “superscore” (take the highest section scores across multiple test dates) - advantage of testing more than once
- Parkway pays for all juniors to take the ACT w/o essay in April
  - all juniors are automatically registered

# REGISTERING FOR ACT/SAT

## ACT

- Register at [www.act.org](http://www.act.org)
- Testing months:
  - Sept
  - Oct
  - Dec
  - Feb
  - Apr
  - Jun
  - Jul
- Deadlines to register or apply for accommodations typically 5 weeks prior

## SAT

- Register at [www.collegeboard.org](http://www.collegeboard.org)
- Testing months:
  - Oct
  - Nov
  - Dec
  - Mar
  - May
  - Jun
- Deadlines to register or apply for accommodations typically 6 weeks prior

# TEST PREP

- Testive – free online ACT/SAT prep course
- Saturday Prep at PCH - one each semester
- Khan Academy (SAT/AP prep)
- Sample Test Booklets available in Counseling
  
- Fee-based tutors/courses – referral list on Counseling website
  
- [Demo](#)

# COLLEGE FAIRS FIRST SEMESTER

- Parkway College Fair
- HBCU Awareness Fair
- NACAC Performing & Visual Arts College Fair
- NACAC National College Fair

# COLLEGE FAIRS SECOND SEMESTER

- **College Opportunities Fair for LD and ADHD Students**
- **MOACAC Spring Regional College Fair**
- **St. Louis NACAC STEM College and Career Fair**

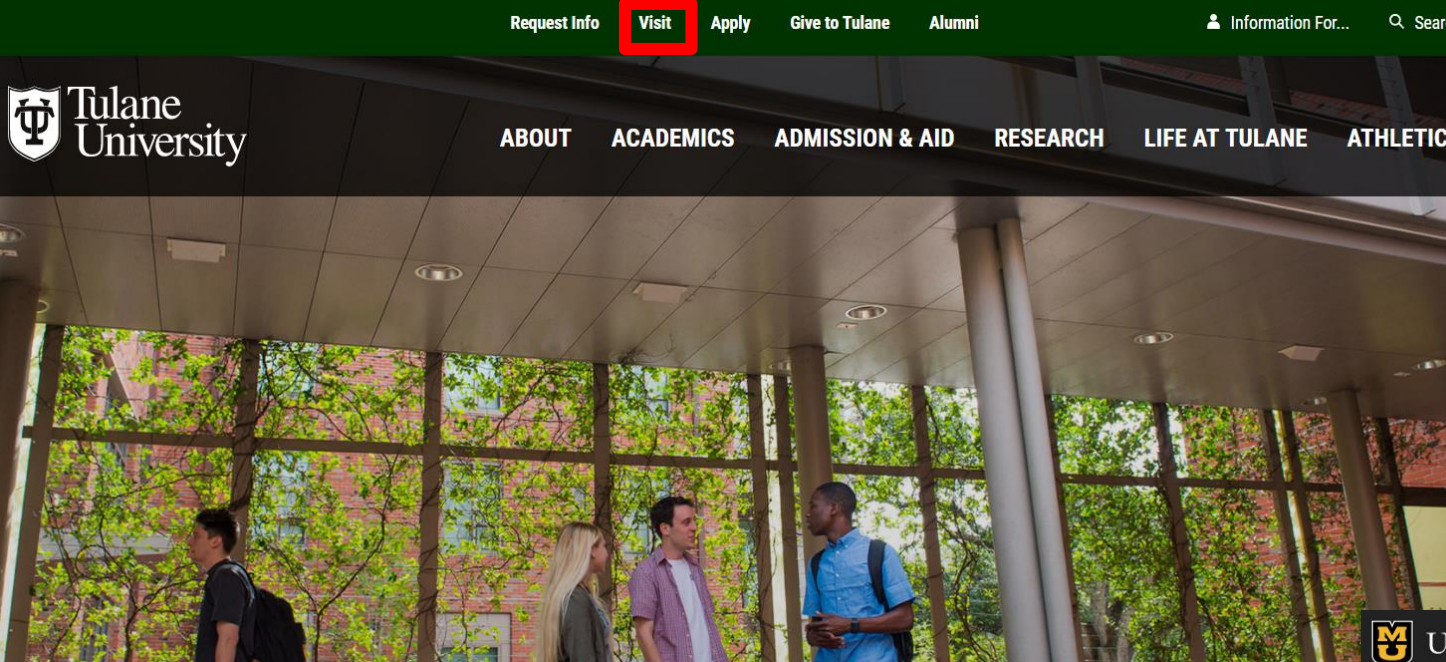
# PREPARING FOR A FAIR

1. Register for the event and come with your QR code for scanning
2. Map out who you'd like to see! Some lines are longer than others...
3. Develop your list of questions you can't easily find answers to on their website
4. Be adventurous. Don't just talk to the well-known schools.
5. While it is absolutely acceptable and even expected for parents to ask questions, the student should introduce themselves and always try to ask the first question.
6. Take notes – it's easy to forget who said what after meeting with several dozen representatives 😊



# VISITING COLLEGE CAMPUSES

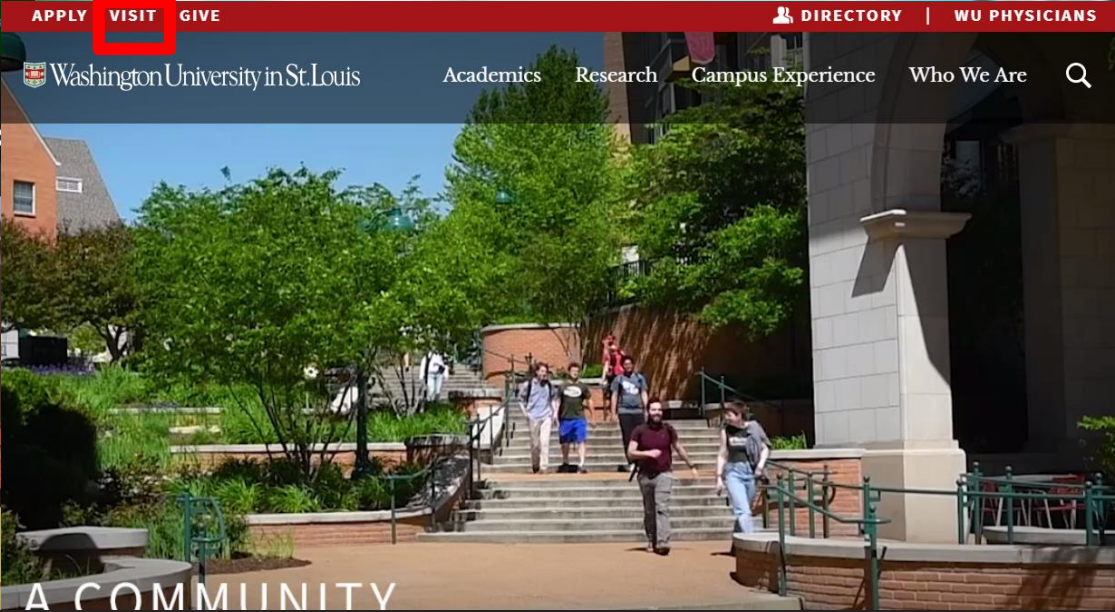
- Be intentional
- Explore a variety of different types of campuses
- Try to visit when school is in session
  - Helpful if you can get to see the community and meet with professors/students
- Register through the office of admissions
  - Junior Visits Days
  - Admitted Student Days
  - Individual tours
- Students may also sign up to meet with college representatives when they schedule visits to PCH!



**KU | UNDERGRADUATE ADMISSION**

[REQUIREMENTS & DEADLINES](#) [TUITION & SCHOLARSHIPS](#) [VISITING CAMPUS](#) [NOW THAT YOU'RE ADMITTED](#) [→ APPLY](#)

**VISIT CAMPUS**



**MIZZOU ADMISSIONS**

University of Missouri  [MENU](#)

**Visit us.**

[Customize your weekday visit](#)

# MENTORS 4 COLLEGE

- **FREE** program to help Parkway families on their college journey
- Volunteers assist with:
  - navigating the overwhelming journey to college
  - identifying best college fit
  - selecting colleges to which you want to apply
  - preparing your applications and essays
- Not replacing, but supporting PCH Counselors
- Offer a variety of workshops for students (ie essay writing and interviewing)
- **Explore the program and sign up for a mentor at [Mentors4College.org](https://mentors4college.org)**

# UMSL BRIDGE PROGRAMS

- Provides academic programming and career development services to college-bound high school students in the St. Louis community.
- FREE
- **Bridge Program Summer Academy**
  - mid-June to mid-July for students in grades 9 through 10 and offers academic enrichment courses in mathematics, science, written and oral communication, career research, personal and professional development and activities that support college planning.
- **Express Scripts Saturday Academy (Sept 14 deadline to apply!!)**
  - held the first two Saturdays of each month from October through March and is for students in grades 9 through 12 with 2.5 GPA. Students are immersed in academic skills workshops in math, science and writing, as well as activities designed to enhance their ability to perform well on college entrance exams.
- <http://www.umsl.edu/precollegiate/>

# NAVIANCE

- College searches
- Historical acceptance data
- Scholarships
- College rep visiting PCH
- Testive
- Web resources
- Enrichment programs
- Career searches
- Interest & personality inventories
- Resume builder
- Game plan

# NAVIANCE

- [PCH Home page](#) → Counseling → Naviance

## Demo

\*\*If you do not have an active Naviance account (or cannot remember your password), send me an email ([NPrange@parkwayschools.net](mailto:NPrange@parkwayschools.net)) and I will activate your account or reset your password!